



ARE YOU IN?

Lyme Disease Challenge

GREAT! FOLLOW THE STEPS BELOW + DONATE TO PROJECT LYME
PREFER NOT TO TAKE A BITE? BUY A T-SHIRT OR DONATE \$100

STEP 1



TAKE A BITE

Bite a lime and take a PHOTO OR SHORT VIDEO of the act.
The more sour your face looks - the better (and funnier) !

STEP 2



SHARE A FACT

State ONE BRIEF FACT ABOUT LYME. Say them in your video,
write them in your photo description, or include them in your
post. Find facts on our website and on our social media sites.

STEP 3



PASS IT ON

CHALLENGE THREE OTHER PEOPLE - your friends, family,
whoever - to take a bite! Mention them in your video or tag
them in your posts. Keep this campaign going!

TAG IT

#LYMEDISEASECHALLENGE
#TAKEABITEOUTOFLYME

DONATE



TAX DEDUCTIBLE

DONATE on our website or send checks to:
Project Lyme PO Box 323 Rockport, ME 04856
Memo Line: Lyme Disease Challenge

WWW.LYMEDISEASECHALLENGE.ORG

ALL T-SHIRTS CAN BE PURCHASED AT OUR WEBSITE. 100% PROCEEDS GO DIRECTLY TO PROJECT LYME.