



Why Lyme Disease Challenge?

Lyme Disease is one of the fastest growing infectious diseases, which presents a tremendous public health problem. The purpose of the Take A Bite Out of Lyme Disease Challenge is to raise awareness and funds to improve diagnosis and treatment. The Lyme Disease Challenge is excited to partner with Project Lyme (PL) to raise awareness and funds to combat the tick-borne global pandemic. All the proceeds of the campaign will go to the Project Lyme (PL). Focused on prevention and early diagnosis, Project Lyme, a 501(c)(3) nonprofit organization, is putting a spotlight on Lyme disease and other tick-borne illnesses. Your contribution is tax deductible to the full extent allowed by law.

How can I help?

Follow the three easy steps below make a \$10 donation.
Prefer not to take the bite? That's okay! Donate \$100 instead.

STEP 1



TAKE A BITE

Bite a lime and take a PHOTO OR SHORT VIDEO of the act. The more sour your face looks - the better (and funnier!)

STEP 2



SHARE A FACT

State ONE BRIEF FACT ABOUT LYME. Say them in your video, write them in your photo description, or include them in your post. Find facts on our website and on our social media sites.

STEP 3



PASS IT ON

CHALLENGE THREE OTHER PEOPLE - your friends, family, whoever - to take a bite! Mention them in your video or tag them in your posts. Keep this campaign going!

TAG IT

#LYMEDISEASECHALLENGE
#TAKEABITEOUTOFLYME

For more information or to make your donation, visit us at lymediseasechallenge.org.